



# LOSS CONTROL DEPARTMENT SEMINARS

(Fourth Quarter 2012)

for the Washington, DC/  
Richmond/Baltimore area

*Helping you achieve your  
business goals*

No cost for  
Hartford  
insured's



## Schedule of fourth quarter 2012 loss control seminars:

SEMINAR TITLE	LOCATION	DATE(S)
3-D driver training	Baltimore, MD	September 12
3-D driver training	Richmond, VA	September 12
3-D driver training	Alexandria, VA	October 3
Excavation	Alexandria, VA	October 10
OSHA 10 hour construction	Alexandria, VA	October 11 & 12
OSHA 10 hour general industry	Alexandria, VA	October 16 & 17

In addition to the courses listed above, the Loss Control Organization offers over 650 online training courses. There are also a large number of free webinars, informational papers and brochures that are available on demand. Go to [www.thehartford.com/losscontrol](http://www.thehartford.com/losscontrol). Enter your policy number (note DO NOT use any spaces) and you will have access to all of the information above as well as the 2012 National Training Schedule that shows training opportunities around the country.

The Hartford also has partnerships with several vendors which provide policyholders with preferential pricing. Current vendors include: JJ Keller, Comprehensive Loss Management and Shoes for Crews. Information on these partnerships and how to access the discount is available at [www.thehartford.com/losscontrol](http://www.thehartford.com/losscontrol).

## Office Location Information:

Washington, DC Regional Office – 5285 Shawnee Road, Suite 600, Alexandria, VA 22312

Baltimore Regional Office – 307 International Circle, Suite 500, Hunt Valley, MD 21030

Richmond Regional Office – 4480 Cox Road, Suite 200, Glen Allen, VA 23060



## Seminar Descriptions:

### 3-D Driver Training Course

Nearly 95% of all traffic collisions are caused by driver error. These errors most frequently stem from poor seeing skills and habits, aggressive attitudes, inattention, fatigue, and failure to use proven defensive driving techniques. The Hartford's 3-D DRIVING program is a **"train-the-trainer"** program designed to teach the principles of defensive, decisive and dependable driving which are necessary for collision-free driving performance. The foremost objective of 3-D DRIVING is to reduce a driver's frequency of involvement in potential motor vehicle collisions. 3-D DRIVING includes classroom and in-vehicle training, providing comprehensive instruction and hands-on experience. It is a flexible program designed to accommodate commercial fleets of all sizes, with either centralized or decentralized operations. By applying 3-D DRIVING principles and by practicing the five basic driving rules, drivers can dramatically reduce the possibility of collision involvement. **An instructor's kit is provided at no charge.**

### OSHA 10 Hour Construction Training

The OSHA Outreach Training Program is our primary way to train construction supervisors in the basics of occupational safety and health. The Hartford trainers are authorized to teach the OSHA 10-hour and 30-hour courses in construction and health hazards. Authorized trainers can receive OSHA course completion cards for their students. Over the past three years, over 1.3 million students have received training through this program. The OSHA Outreach Training Program is voluntary. OSHA does not require participation in this program. **Each participant will receive a DVD containing class materials, construction related reference materials, and a copy of CFR 1926 at no charge. Most companies charge from \$250 to \$300 per person for such training.**

### OSHA 10 Hour General Industry

This course is ideal for supervisors, safety committee members or any employee with safety and health responsibilities. Attendees will be introduced to OSHA policies, procedures and standards as well as general industry safety and health principles covered in OSHA Act Part 1910. Special emphasis will be placed on areas most cited by OSHA using applicable standards as a guide.

Upon completion of the OSHA General Industry 10-hour course, you will gain working knowledge of:

- Fundamental OSHA standards for general industry
- OSHA Policies and procedures

**Participants will receive an OSHA general industry safety and health 10-hour course completion card from the Department of Labor.**

### Excavation

Excavating is recognized as one of the most hazardous construction operations in the United States. Did you know that the fatality rate for excavation work is 112% higher than the rate for general construction? This course is designed to provide greater understanding of excavation hazards and will also provide resources and information that will be important for anyone completing trenching and excavation.

Topics covered during our on-site seminar include:

- Requirements for a "Competent Person" on excavation sites
- How to properly conduct soil tests (visual & manual)
- How to identify the major classifications of soil (critical for competent person decisions)
- Understand OSHA regulations for shoring, sloping & benching, engineered systems and trench boxes
- Identify and control hazardous atmospheres inside of trenches
- Locate and work safely around underground utilities
- How to handle OSHA inspections at your trenching & excavation site.



Loss Control Seminar Registration Form (All fields must be completed)

Name: \_\_\_\_\_

Names of other people in your company who would like to attend: \* \_\_\_\_\_

\*Please note that there may be a limit to the maximum number of attendees per company

Company: \_\_\_\_\_

The Hartford Policy Number: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Mark the box for the course(s) you or your associates plan to attend**

**Excavation:**

☐ October 10 (Alexandria, VA) – 8:00am—11:00am

**OSHA 10 hour—General Industry:**

☐ October 16 & 17 (Alexandria, VA) – 8:00am—2:30pm both days

**3-D Driver Training Course:**

☐ September 12 (Richmond, VA) – 8:00am—3:00pm

☐ September 12 (Baltimore, MD) – 8:00am—3:00pm

☐ October 3 (Alexandria, VA) – 8:00am—3:00pm

**OSHA 10 hour—construction:**

☐ October 11 & 12 (Alexandria, VA) - 7:30am—1:30pm

**Note:** You will receive confirmation that your registration has been received. If you do not receive a confirmation notice, please follow-up with Jane Lackey (information below) to make sure that your registration has been received.

Name and title of your supervisor: \_\_\_\_\_

Address (if different from above): \_\_\_\_\_

Name of Insurance Agent: \_\_\_\_\_

Insurance Agency: \_\_\_\_\_

Address: \_\_\_\_\_

**Return this registration form to:**

The Hartford Washington, DC Office

Attention: Jane Lackey

5285 Shawnee Road, Suite 600, Alexandria, VA 22312

1-800-835-7506 x24708, jlackey@thehartford.com, fax 877-536-4967